

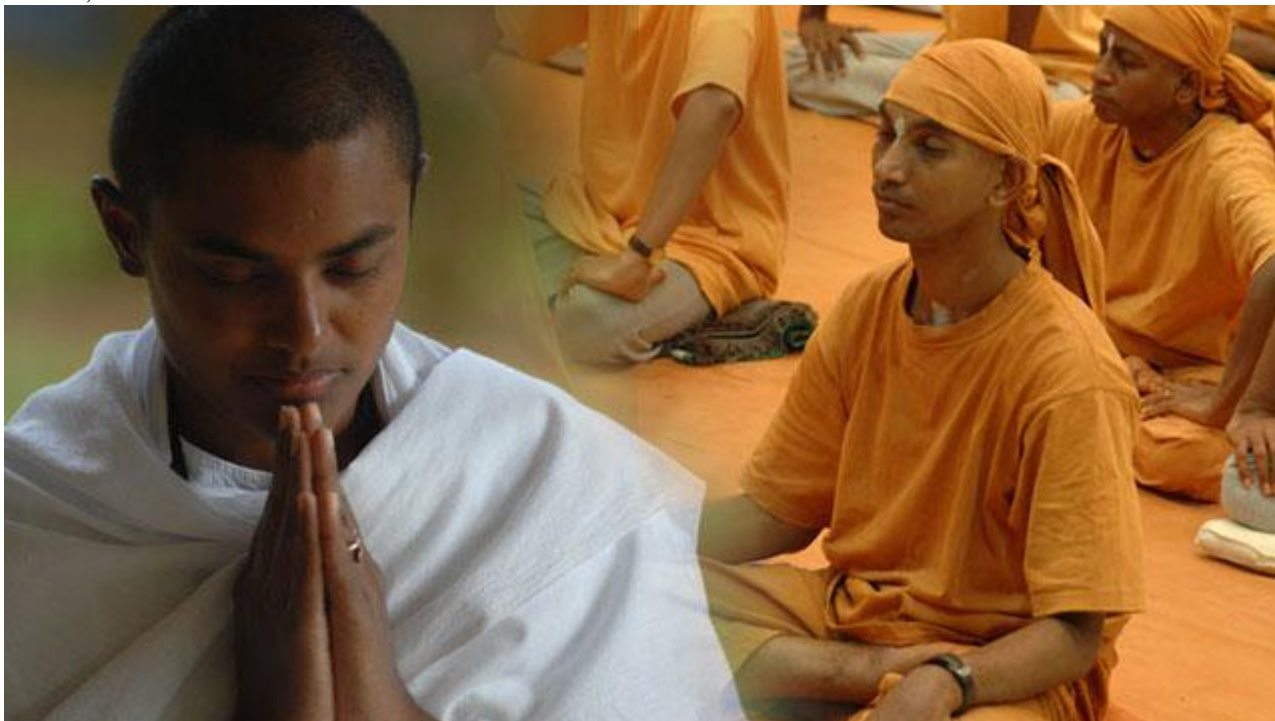
# What is the Significance of Brahmacharya?

Brahmacharya has always been an integral part of the spiritual process. Sadhguru speaks about what brahmacharya is, and who a brahmachari is.

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**Sadhguru:** “*Brahman*” means “the divine” or “ultimate,” “*charya*” means “the path.” If you are on the path of the divine, you are a brahmachari. To be on the path of the divine means you have no personal agendas of your own. You simply do what is needed. You have no personal ways of deciding where you should go in your life, what you should do, or what you like and dislike; all these things are simply taken away from you. If you do this unwillingly, it can be an absolute torture. If you do it willingly, it makes your life so wonderful and beautiful because there is nothing to bother you anymore. You simply do what is needed; life is so simple. Once you have given yourself like that, you do not have to bother about the spiritual path or worry about your spirituality. It is taken care of. You do not have to really do anything about it.

People may think a brahmachari is making a great sacrifice and is being denied life. But it is not so at all. If someone is a brahmachari only by [dress](#), yes it is true, life is torture. But for a person who is truly walking the path of the divine, the petty pleasures that the world offers will become totally meaningless. Once you enjoy [the inner pleasures of your being](#), the external pleasures become totally meaningless.

Everyone should become a brahmachari, not necessarily in terms of lifestyle, but internally.

Does it mean everyone should become a brahmachari? Everyone should become a brahmachari, not necessarily in terms of lifestyle, but internally. Everyone should be on the path of the divine. Brahmacharya does not just mean celibacy. That is just one of the aspects that have been taken up as a supportive system. To become a brahmachari means you are ecstatic by your own nature. You can be

married and still be a brahmachari. It is possible because you are joyful by your own nature; you are not trying to extract joy from your husband or wife. This is how it should be. The whole world should be brahmachari. Everyone should be joyful by their own nature. If two people come together, it should be a [sharing of joy, not extraction of joy](#) from each other.

## An Investment For The Future

Why has a certain order been set up? If one is just seeking [realization at the end of his life](#), it could be taken care of in many different ways. I can fix a date with you for that day! But if one wants to explore, and not only explore, if one wants to be a useful instrument in making it happen to many other people, then brahmacharya becomes significant. Brahmacharies are an investment for the future, to keep spirituality in its pristine purity and transmit it from generation to generation. A small, core group of people are needed. They are initiated in a particular way which turns their energies in a completely different direction. Everyone need not take that step, nor will we take everyone because it is not necessary, and neither can they put in the sadhana that is required or demanded out of them.

All of us have eaten mangoes, but how many of us have planted mango trees, made them grow and *then* eaten mangoes?

All of us have eaten mangoes, but how many of us have planted mango trees, made them grow and *then* eaten mangoes? Most people have eaten mangoes because someone else planted the mango trees. In every society, out of a thousand people, at least ten people have to take care to plant mango trees. Similarly with this, a few people have to take the path of brahmacharya. People who are willing to dedicate themselves to other's wellbeing are needed in society. If there is no one thinking about others wellbeing, that society is definitely heading for ruin. That is what has happened to society right now. There are very few people thinking of everyone's wellbeing.

## Like A Rocket!

Essentially, this human mechanism is a certain energy system. You can keep it with many openings and transact with the world in a certain way or you can make this into a close-circuit system so that it becomes very integrated. A rocket goes up because it is firing only on one side. Suppose it fires on all the sides, it is not going to go anywhere, it will just dissipate itself. Or it will go somewhere without direction and fall apart. What we are trying to make out of a brahmachari is just that he fires only on one side. One that fires only on one side is going to go straight up and there is a particular purpose to creating such a system.

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When you have a close-circuit system like that, it is a powerful instrument. This instrument could be employed or deployed in so many different ways. It is a weapon with which you can bomb the world with a spiritual process.

Monks have been there in every culture because wherever there was a genuine enlightened process, they always wanted some mechanisms to be wired in such a way that they are completely integrated systems. There is no transaction outside. It is totally by itself. Those systems are needed if you want to shake the world in a certain way and want to create certain processes and access certain things. If you want to put a satellite beyond the atmosphere, you need a rocket. If you want to just fly around in the atmosphere, an airplane will do. That's the difference. When you are planning and projecting to do something which is beyond certain limitations, brahmacharies become necessary.

**Editor's Note:** "*Mystic's Musings*" includes more of Sadhguru's insights on spirituality. Read the [free sample \[pdf\]](#) or [purchase the ebook](#).